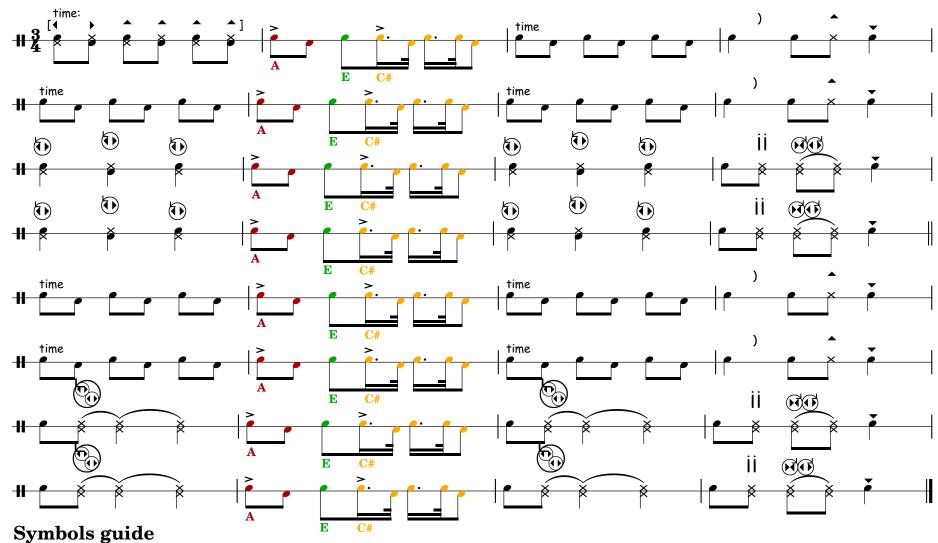
3/4 Massed Band Cadence



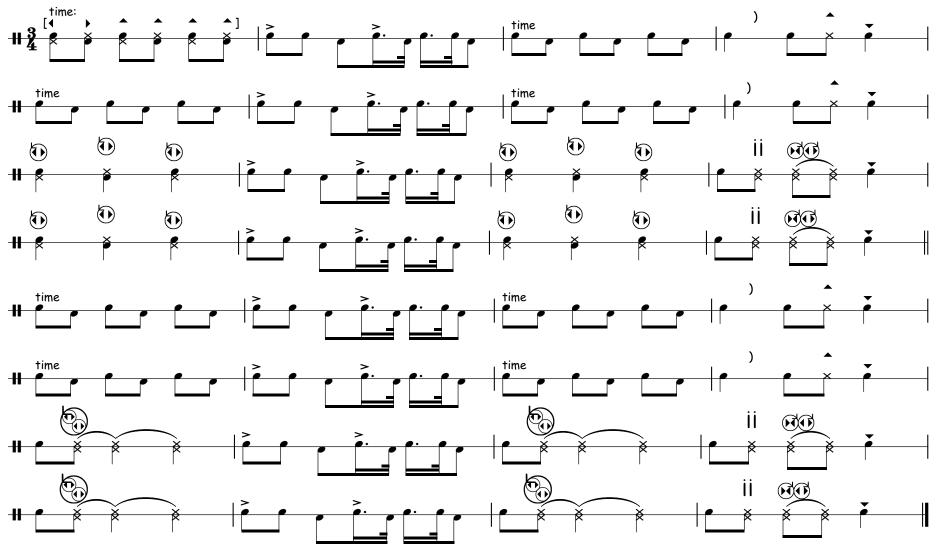
Note: Cross noteheads indicate timing and hand(s) used for visuals

- ◆ Arm to the left
- ▶ Arm to the right
- ▲ Arm(s) up
- ▼ Arm(s) down

-) Right arm around
- Outside Reverse Rotation(s)
- ii Stall (both hands)

- Alternating Outside Reverse Rotations (Split the feather)
- Forward Figure Eight (in-out)

3/4 Massed Band Cadence



Symbols guide

Note: Cross noteheads indicate timing and hand(s) used for visuals

- ◆ Arm to the left
- ▶ Arm to the right
- ▲ Arm(s) up
- ▼Arm(s) down

-) Right arm around
- Outside Reverse Rotation(s)
- ii Stall (both hands)

- Alternating Outside Reverse Rotations (Split the feather)
- Forward Figure Eight (in-out)

